

Power Plate® offers

Member

- £99 12 sessions plus 2 free trials for your buddies to try out Power Plate® for free.
- £45 5 sessions plus one free trial for a buddy to try out Power Plate® for free.
- £35 Student members only - 5 sessions plus one free trial for your buddy to try out Power Plate® for free.
- £12 Single session

Non-member

- £125 12 sessions plus 2 free trials for your buddies to try out Power Plate® for free.
- £60 5 sessions plus one free trial for a buddy to try out Power Plate® for free.
- £15 Single session

Highly Recommended Lifestyle Package

- £115 Unlimited classes per month*

Power Plate® Referral offer

All clients that successfully refer their friends to purchase a course of 12 sessions, will receive 3 extra sessions for free per referral.

Renewal Offer

Enjoy 10% off the above course prices when you renew

Additional Packages

1-2-1 Power Plate® packages now available

For further information on any of the above packages please email powerplate@thebanksidehealthclub.co.uk or call us on **0207 921 9343**

* Terms & conditions apply – Minimum 3 month contract & subscriptions are collected monthly by Direct Debit. The Company reserves the right to withdraw this offer.



THE
BANKSIDE
HEALTH CLUB