

POWERPLATE

TIMETABLE

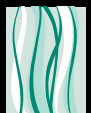
Main timetable for all classes

MON	TUES	WED	THUR	FRI
—	07.30am	—	07.30am	—
07:30am	08:00am	07:30am	08:00am	07:30am
08:00am	08:30am	08:00am	08:30am	08:00am
08:30am	09:00am	08:30am	09:00am	08:30am
12:00pm	12:00pm	12:00pm	12:00pm	12:00pm
12:30pm	12:30pm	12:30pm	12:30pm	12:30pm
13:00pm	13:00pm	13:00pm	13:00pm	13:00pm
13:30pm	13:30pm	13:30pm	13:30pm	13:30pm
17:30pm	17:30pm	17:30pm	17:30pm	17:30pm
18:00pm	18:00pm	18:00pm	18:00pm	18:00pm
18:30pm	18:30pm	18:30pm	18:30pm	—



Timetable for all OFFPEAK classes

MON	TUES	WED	THUR	FRI	SAT
—	—	09:30am	—	—	08:30am
11:00am	11:00am	11:00am	11:00am	11:00am	11:00am
14:30pm	—	14.30pm	14:30pm	14:30pm	12:30pm
15:00pm	15:00pm	16:00pm	15:00pm	16:00pm	13:00pm
19:30pm	19:30pm	19:30pm	19:30pm	19:00pm	—



THE
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For further enquires please email

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